

# The Power of Therapy: A Dentist's View

Former Yale University psychologist and influential sociologist Stanley Milgram created what is known as the “small world phenomenon”—the idea that every person in the United States is connected by a chain of six people at most. Milgram’s “six degrees of separation” theory has trickled down through popular culture, inspiring renditions such as the Kevin Bacon game. Variations on this game are based on the assumption that almost anyone in the world can be linked to anyone else in the world by six or fewer stages of circumstance or acquaintance.

We decided to test this theory and see if YLEO corporate employees are linked to distributors by six or fewer degrees. It works! We will be highlighting a new link each issue, so be sure to read every issue of the *YL Magazine* to find out if you are included in someone’s link!

1. Young Living’s editor has a son named Michael, who attends school in Lehi, Utah.
2. Michael’s eighth grade English teacher at Lehi Jr. High is Mrs. Baxter.
3. Mrs. Baxter’s father, Dr. Darick Nordstrom from California, is a YLEO distributor!

Meet Dr. Darick Nordstrom, the final link in this issue’s “YLEO’s Six Degrees to a Distributor.”

YL: Where do you live?

Dr. N: We are in the small town of Hollister, California (known as the birthplace of the American biker), just far enough south of San Jose to have clear skies, air, and water, but close enough for people to fly in for treatment or to visit.

YL: How long have you been with Young Living?

Dr. N: I signed up in February of 1998.

YL: Who first introduced you to Young Living?

Dr. N: Dr. Alice Baldwin was my sponsor and enroller. It was my wife's cousins, the Dastrups, that first gave me the magic tape, "The Missing Link." But I was too skeptical, having been disappointed before with essential oils.

YL: What is your career background?

Dr. N: I graduated with a bachelor of science degree, cum laude, from Brigham Young University, then earned a doctor of dental surgery (DDS) degree from the University of Southern California, with Omicron Kappa Upsilon (OKU), the national dental honor society, induction.

YL: What methods have you used to build your Young Living business?

Dr. N: I have used Young Living's products throughout my practice, whether in bringing peace to apprehensive patients, releasing old traumas, or treating various related illnesses. Then there is the large part of the practice that is devoted to the physician (M.D., D.O., D.C.) team approach to head and neck problems and orthodontics, which typically includes the products as well.

I have the privilege of working with many of the most talented practitioners in the country. Their commitment to providing the highest level of care for their patients makes them open, yet discerning. It has been exciting to watch each one respond as we have introduced them to the oils through our treatment of their patients. Nearly all of them utilize the oils, and most have become distributors to continue to help their patients with the oils.

There is so much gratification in facilitating the usually amazing healing responses that we see on a daily basis, that I haven't bothered to think about the other aspects of a successful YLEO business.

YL: Would you share a couple of significant experiences you have had with the oils?

Dr. N: As part of my pre-doctorate education, I was trained in acupuncture (and continue to use it). After beginning practice in 1979, I began studying homeopathy, and still rely on it. A few years later, I was introduced to osteopathy, as an integral part of a sophisticated form of

orthodontics practiced by a subgroup of the American Academy of Gnathologic Orthopedics (AAGO) to which I belonged. These areas of medicine are often referred to as subtle energy.

Each of these requires high levels of discipline for mastership, which is why I prefer working as a team with those practitioners.

On the other hand, I have found that therapy using Young Living's oils (which is often considered a subtle energy therapy) can be successfully utilized at home by our patients following our testing and with guidance. Thus, this type of therapy becomes a predictable way for us to "extend" or complement the effects of our treatment.

Whether it is as simple as using jasmine to help a young girl realize her inner strengths as a woman and confidently make that transition into puberty, or White Angelica™ to protect from the critical comments of classmates, or Valor® and Raindrop Technique® therapy to intercept scoliosis and regain the healthy posture that is necessary for correct and attractive jaw development, there is an oil or blend for nearly every patient—and there is sure to be a personal story of healing to be related at the next visit.

Once I was asked to present to a very select group. After teaching about the form of dental orthopedics I developed in concert with osteopathy, Advanced Lightwire Functionals (ALF), I turned the talk to therapy using Young Living's products, ending with a group session working on each other through the emotional healing oil sequence. As old burdens were lifted, the level of intuition and the depth of mutual understanding and support increased dramatically. This height of healing response in such a group (none having any prior exposure to Young Living's powerful essential oils), and in a limited time is rare and unique to the oils.

A great physician once said: "Anyone can find disease. I am looking for the health." It is absolute truth that disease never cures disease, just as darkness cannot be dispelled by more darkness. The oils represent a force of healing and light. As that light increases, it crowds out the darkness. As the darkness is displaced, our capacity to love increases, and it is that love that embraces truth and brings peace. I will ever be thankful for my introduction to Young Living's true therapeutic-

grade essential oils, and always strive to share that blessing with my family, patients, and friends.

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